



24 Hours. 2 Teams. 1 Mission. Join Us!

Hi Gwenaëlle,

Are you as excited as we are? Because...

💙 Relais pour la Vie 2025 is Almost Here! 💙

The countdown is on! In just 3 days, from [22nd March at 4:30 PM](#) until [23rd March at 7 PM](#), Team ALGSO will be running, walking, and pedaling non-stop to show that [cancer patients and survivors are never alone](#).

💡 [Why does this event matter?](#)

[Cancer doesn't stop—and neither do we](#). Relais pour la Vie is more than just a relay race; it's a powerful message of [support, resilience, and community](#).

We are proud to participate as Luxembourg's very first oncology sports association, proving that [movement is medicine](#) and that [together, we are stronger](#).



🔥 How You Can be a Part of it:

🏃 Run, walk, or cycle
with us!

📢 Cheer us on from the
stands! The more
energy, the better!

📸 Use our hashtags &
share your support
online!

💙 Follow along on social
media for live updates!

Where?

📍 Event Location:
d'Coque, Kirchberg
(Arena Entrance 1)

🚆 Take public transport
– it's free & the best way
to get there!

👉 Not on the Track? No Problem!

Your support in the
stands, online, and
beyond makes a
difference.

Every cheer, clap, and
social media post
spreads awareness and
strengthens our cause!

🎭 What's Happening at Relais pour la Vie? 🎭

This [24-hour event](#) is packed with [exciting activities](#), so even if you're not running, there's plenty to enjoy:

🎵 [Zumba, Dance Floors & Capoeira](#) – Keep the energy high!

🕯️ [Candle Ceremony](#) – A moving moment of remembrance & hope.

🦸 [Costume Laps](#) – Because running is more fun in a superhero cape!

📸 [Photo Booths & Interactive Quizzes](#) – Capture memories & learn something new!

💙 Stay before or after your slot, soak in the atmosphere, and be part of the movement!

🔗 Haven't read our [Ultimate Guide to Relais pour la Vie 2025](#) yet? Do so now!

[Read our Guide](#)

🦸 Busy this Weekend, but Still Want to Participate in the Cause? 🦸

Our fantastic Zumba coach, Caroline, is organising a [Charity Zumba Class on Wednesday 26th March](#). Be quick to sign up as there are only [49 spots](#) and they are flying at the [speed of a samba rhythm](#)!

❤️ Sign up by emailing her at: carolinezumbapassion@gmail.com

If you haven't already, do make sure to check out our blog post for all the [necessary information](#) about this wonderful initiative.

Read our Post

📢 Spread the Word and Show your Support! 📢

💡 Follow us for LIVE updates!

📢 Tag your friends, family & teammates! Let's make a difference together!

💙 Move Together, Heal Together. See you at Relais pour la Vie 2025!



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